

How successful were they at effectively communicating with me this week? That is, how successful were they at passively listening, actively listening/summarizing/paraphrasing the content of the message, actively listening for feelings, asking genuine inquiry questions, avoiding “You” Statements, and using “I” Statements?

Which of these specific skills did they use best?

Week # 4Assessment

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Which of these specific skills did they use best?

PCP Parent Assessments 25

2/24/2026

(Parent Communication Project Module)

- 1-----2-----3-----4-----5
Not Effective Somewhat Effective Very Effective

- 1-----2-----3-----4-----5
Not Effective Somewhat Effective Very Effective

- 1-----2-----3-----4-----5
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Not Effective Somewhat Effective Very Effective

PCP Parent Assessment of Progress Rubric 25

([Parent Communication Project Module](#))

Based on how effective they were at the end of the project. Using your responses on the PCP Parent Assessment At The End of the Project Likert Scale, give them a grade using the rubric below.

90 – 100 = Advanced: Above and Beyond. Since the beginning of the project, they made significant progress in successfully using all of these skills with me.

80 – 89 = Proficient: At Standard. Since the beginning of the project, they made good progress in successfully using all of these skills with me.

70 – 79 = Needs Improvement. They made some progress in successfully using all of these skills with me since the beginning of the project, but they were capable of making better progress.

60-69 = Needs Significant Improvement. Since the beginning of the project, they **have** made little progress in successfully using all of these skills with me. They have hardly used the skills.

50 = Not Acceptable. Since the beginning of the project, they have made no progress in using all of these skills with me.

Based on their progress to become more proficient using these skills, I believe they deserve the following grade:

Please explain why you believe they deserve this grade.

PCP Parent Assessment of Effort Assessments 25

PCP Parent Assessment of Effort Likert Scale

([Parent Communication Project Module](#))

Circle your responses to the following questions.

How Much Effort Did They Put Into Passively Listening To You (paying attention and showing interest)?

1-----2-----3-----4-----5
Poor Effort Good Effort Best Effort

How Much Effort Did They Put Into Actively Listening/Summarizing/Paraphrasing The Content of What You Said?

1-----2-----3-----4-----5
Poor Effort Good Effort Best Effort

How Much Effort Did They Put Into Actively Listening/Summarizing/Paraphrasing Your Spoken and Unspoken Feelings?

1-----2-----3-----4-----5
Poor Effort Good Effort Best Effort

How Much Effort Did They Put Into Asking Genuine Inquiry Questions to Help Them Understand What You Were Saying and What You Felt?

1-----2-----3-----4-----5
Poor Effort Good Effort Best Effort

How Much Effort Did They Put Into Avoiding “You” Statements (criticism, put-downs, preaching, threats, being demanding) With You?

1-----2-----3-----4-----5
Poor Effort Good Effort Best Effort

How Much Effort Did They Put Into Using “I” Statements With You (sharing what they felt and why they felt this way)?

1-----2-----3-----4-----5
Poor Effort Good Effort Best Effort

PCP Parent Assessment of Effort Rubric 25
([Parent Communication Project Module](#))

Using the criteria below, give them a grade for the effort they put into this project.

90 – 100 = Advanced: Above and Beyond. They gave their **best effort** throughout this project and used all of the skills when they had the opportunity.

80 – 89 = Proficient: At Standard. Their effort was **good**, but it was not their best effort. They used the skills in most but not all situations when they had the opportunity.

70 – 79 = Needs Improvement. This was **not a good** effort for them. There were more than a few opportunities they could have used the skills but didn't.

60-69 = Needs Significant Improvement. This was a **poor** effort for them. There were multiple opportunities when they could have used the skills and didn't.

50 = Not Acceptable. They didn't try to use the skills.

Based on their effort to become more proficient using these skills, I believe they deserve the following grade:

Explain why you believe they deserve this grade.

PCP End of the Project Summary Questions For Parents 25
([Parent Communication Project Module](#))

1. Which of these specific skills were they most successful using with your parent (passively listening, paying attention, and showing interest in what my parent is saying; actively listening: summarizing/paraphrasing the content of what my parent is saying; actively listening for feelings: summarizing/paraphrasing my parent's spoken and unspoken feelings throughout the conversations; asking genuine inquiry questions to help me understand what my parent is saying and what they are feeling; avoiding "You" Statements (criticism, put-downs, preaching, threats, being demanding) with my parent, and thus making them feel defensive; using "I" Statements with my parent (sharing with them how I feel and why I feel this way)?

2. Which skills do they need the most work on?

3. What, if any, impact has their use of these skills when communicating with them had on your relationship with them?

End of the Project Parent Grade Summary 25

([Parent Communication Project Module](#))

Please review your Parent Weekly Assessments and The Parent End of Project Likert Scale. Using the Parent End of Project Progress Rubric and the Parent End of Project Effort Rubric, please give them the following grades:

Based on their progress to become more proficient using these skills, I believe they deserve the following grade:

Please explain why you believe they deserve this grade.

Based on their effort throughout the project to become more proficient using these skills, I believe they deserve the following grade:

Please explain why you believe they deserve this grade.

(Parent signature indicates all the assessment and grade information is
a complete, accurate, and honest assessment

Please print your name: _____

Thank you for participating in this project and helping them to become more effective communicators.

Parent Comments (optional):

PCP End of The Project Parent Feedback 25

([Parent Communication Project Module](#))

Giving Feedback:

After both of you have completed all the assessments, please sit down and review both of your assessments as soon as possible. Sit next to each other at a table to see each other's evaluations. This process is similar to the one you used for the Weekly Assessments. For additional information on how to give feedback, see the Giving Feedback Skill Card.

Suggestions For Giving Feedback:

1. For feedback to be helpful, it must be specific and detailed.
2. Review your responses to each question one at a time to see the extent to which you agree. For example, they first share their answer to question # 1, and then you share your answer to question #1, they share their answer to question # 2, and you share your answer, etc.
3. Phrase feedback so it reviews the skill's definition to help them better conceptualize how the skill is to be performed.
4. Whenever possible, give examples of when they used a skill or didn't, and the impact it had on you and the conversation. Use I Statements to share the impact their behavior had on you. Share how their responses made you feel and how they impacted the conversation. For example: "*When you...I felt...because...*"
5. If there are significant differences between your scores, ask them to share their perspective and to give specific examples. For example: "*So you think you did ask genuine inquiry questions, is that right?*" If they say "yes," ask them for specific examples of genuine inquiry questions. If you still disagree, don't argue about it. You won't convince them. They may walk away, think about it later, and conclude that you were right. It is easy to feel defensive when we are given feedback and some people need more time to process feedback. If you still disagree, you can say something like "*okay*" and leave it at that.
6. When giving feedback for question # 7, start by saying: "*The skills I think you used most effectively are...*" Examples include...
7. When giving feedback for question # 8, start by saying: "*The skills I think you need to work on the most are...*"

Specific Examples of Giving Feedback Include:

“For actively listening/summarizing the content. I gave you a 4. You said things like “It seems to me” and then summarized what I said. I felt listened to.

For asking genuine inquiry questions, I thought you were effective. I gave you a 4. Several times you asked questions that made me feel like you were really trying to understand my concerns. One time, when you didn’t seem to understand you said that you didn’t quite understand and would I say more about that.

For avoiding “you” statements, I thought you were very effective. I gave you a 5. I never felt defensive because of anything you said. For avoiding “you” statements, I thought you were not effective. I gave you a 1. When you said...I felt...