

Conflicts I And My Peers Experience Learning Experience 25

Conflict Resolution Skills Module

To the Teacher:

The purpose of this introduction to conflict is to help students understand the different types and sources of conflict.

Procedure/Directions:

1. Distribute the Conflicts I And My Peers Experience LE below. These conflicts were identified by my students. Ask them what types/sources of conflict were not included, and ask everyone to add them to their lists. Brainstorm the types of intragroup conflict (within teams and among people their age) and include them on the list of Intragroup Conflicts.
2. Next, have students complete the Conflicts I and My Peers Experience below.
3. Once students have completed the Conflicts I and My Peers Experience, discuss their results, including their answers to the questions, at the end of the learning experience. Depending on the level of trust within the class, several nonverbal ways could be used to have students share.

One nonverbal technique (the Are You Someone Who Technique) would be to have students stand in a circle as you read selected types of conflict and ask students to step forward for 2 seconds if they experience this type/source of conflict either “sometimes” or “very often”. For example, step forward if you are someone who experiences conflict about how you keep your room, either “very often” or “sometimes.” After 2 seconds, ask them to step back if they have not already done so. You could also ask if anyone would be willing to elaborate on how they experience any of these conflicts.

A second nonverbal technique (Thumb O Meter Technique) to have students share if they are sitting in a circle or square, so that everyone can see one another, would be for you to read selected types of conflict and ask students to use their thumbs to indicate their responses. If they experience this type/source of conflict “very often,” they would put their thumbs straight up and turn it round and round. If they experience this type/source of conflict “sometimes,” they would put their thumbs straight up. If they experience this type/source of conflict “not very often,” they would put their thumbs straight down, and if they “never” experience this type/source of conflict, they would put their thumb straight down and turn it round and round. You could also ask if anyone would be willing to elaborate on how they experience any of these conflicts.

If you don’t have enough time to process all the types/sources of conflict, you could also ask them to select specific examples they want to process.

Follow-Up Learning Experiences:

While the types of conflict they experience are still fresh in their minds, it is suggested that the My Styles of Conflict Management LE ([Conflict Resolution Skills Module](#)) be done next.

Conflicts I & My Peers Experience

Place a check in the column that indicates how often you are involved in a disagreement or conflict around the following issues. Add other problems that are a source of disagreement or conflict that are not included here.

Common Areas of Family Conflict	How Often			
	Very Often	Sometimes	Not Very Often	Never
Hours Coming Home (curfew)				
Hour Going to Bed				
When I Get Up in the Morning				
School Work and Grades				
Homework				
Responsibilities at Home/Chores				
Clothes				
Computer Use				
Phone Use				
TV Use				
Music				
Money				
Friends				
Dating				
The Condition of My Room				
Privacy				
Religion				
Language I Use				
Politics				
Playing Musical Instrument				
Video Game Use/Time				
Parents Not Understanding Me				
Power Struggles (You are not the boss of me)				
Parents Meddling in My Affairs				
Parents Always Thinking They Know Best				
Parents Lecturing Me ("Back when I was your age...")				
Use of Social Media				
How I Treat Sibling(s)				
Pets/Pet Care				
How Much I Procrastinate				
Always Wanting to Know Where I Am and When				
List All Others Sources of Disagreement Not Listed Above				

Other Areas of Conflict

Place a check in the column that indicates how often you are involved in a disagreement or conflict around the following issues. Add other problems that are a source of disagreement or conflict that are not included here.

Common Areas of Sibling Conflict	How Often			
	Very Often	Sometimes	Not Very Often	Never
Sibling borrows/takes things of yours without asking.				
Sibling grabs the TV remote and changes channel.				
List the other conflicts you have with siblings:				
Common Areas of Conflict with Best Friends, Friends, and Boy/Girl Friends				
A friend competes with you or is jealous.				
A friend talks or flirts with your boy/girl friend				
You and a friend like the same girl/boy				
A friend takes your boy/girl friend				
A friend is ignoring you.				
A friend isn't spending as much time with you as you would like.				
A friend expects you to be with them constantly.				
A friend is not reliable.				
A friend never admits when they are wrong.				
You heard a friend shared a secret of yours.				
You heard a friend talked behind your back.				
You have a friend who spreads a rumor/gossips about you				
Your boy/girl friend is flirting with your friend.				
Your boy/girl friend is spending a lot of time with your friend.				
Your boy/girl friend is not spending enough time with you.				
Your boy/girl friend wants to spend too much time with you and it is affecting your other relationships.				
A friend or boy/girl friend wants you to break plans with other people to be with them.				
Your boy/girl friend is too clingy, possessive, or overprotective.				
List All Others Sources of Conflict With Best Friends, Friends, and Boy/Girl Friends Not Listed Above				

Common Areas of Intragroup Conflict	How Often			
	Very Often	Sometimes	Not Very Often	Never

1. How did it feel to do this? Why did it feel this way for you?
2. What did I learn or relearn as a result?
3. What, if anything, am I pleased about?
4. What, if anything, am I surprised about?
5. What, if anything, am I disappointed about?
6. What, if anything, do *I* want to do differently?